


Faculty of Medicine University of Niš	Study program: INTEGRATED ACADEMIC STUDIES OF MEDICINE ACCREDITATION 2018	
Course: Physical education		
Course head:		
Course status:	Optional	
Semester: I, II, III, IV	Study year: I, II	
No. ESPB: 0	Course code: M-I-5	
Course purpose:		
Improvement and maintenance of psycho-physical abilities of students.		
Course outcome: (knowledge, skills, attitudes)		
Acquisition of better psychophysical condition, enabling better results during the studies (basketball, rhythmic-sport gymnastics, volley ball, swimming, table tennis. Each of the sports – 60 classes of practical instruction per semester. A students opts for one of the offered sports.		
Number of classes of active teaching: 120		
Lectures: 0	Practice: 120	
Course contents:		
<i>Practical teaching</i>		
Basketball, rhythmic-sport gymnastics, volley ball, swimming, table tennis. Each of the sports – 60 classes of practical instruction per semester. A students opts for one of the offered sports.		
Recommended literature:		
<ol style="list-style-type: none"> 1. N. Rodić: Metodika sportskih aktivnosti, Učiteljski fakultet Sombor, 1999. 2. D. Milanović: Priručnik za sportske trenere. Fakultet fizičke kulture Zagreb, 1997. 3. B. Krsmanović, L. Berković: Teorija i metodika fizičkog vaspitanja, Fakultet fizičke kulture Novi Sad, 1999. 		
Teaching methods:		
<ul style="list-style-type: none"> ▪ Practical instruction 		
Required previously passed exams:		
None		
Grade:		
Optional teaching – testing of psychophysical characteristics during practice classes		